

Max Potential Master Chief Yannis cooks up an adventure



Late last year an announcement was made over assembly for yr 10 students who were interested in enhancing their leadership abilities to go to the library at lunch. With little more than this information I was already interested, so at lunch I leapt into the unknown and was met by Glenn and the Max-Potential program and since then I have been on a journey discovering my strengths, weaknesses and true potential.

Early this year I was assigned a brilliant coach for the program to help guide me through the program. The aim of the coach is to help guide the students overcome the challenges faced during the program such as the community project whilst also aiding students to reach and discover their maximum potential.

My coach has done every bit of this and more, so thank you so much Odette. There are several parts to the max-potential program all aimed at helping the students and coaches to develop their leadership qualities and to help discover who they are. One of these aspects of the program was the community project, where I had to create and run a project which would benefit the community. This was unique experience for me as sure I have participated in many events but never have I had been into a position of creating and running a project.

The community project which I produced was completed at Valley View Primary School with a yr 6 class and was on the topic of living a healthy lifestyle. The program consisted of 3 lessons, one sport lesson where I taught the kids football (soccer), the next an eating healthy workshop and finally the last session being an evaluation in the form of a trivia game. The three sessions of teaching gave me great experience in managing kids and conveying information to them. The Max-Potential journey I have endeavoured upon is sadly coming to a close however it has been an amazing experience where I have learnt a lot about myself and my maximum potential.