

Getting the Desired Result

What I Wanted To Get Out Of Gosford RSL Max Potential

There are many things that I would like to achieve and get out of Max potential.

Firstly, I wanted to, at the end of the Gosford RSL Max Potential journey be able to say that I have stayed the course and completed the unknown challenges that have been placed in front of me through the Gosford RSL Max Potential program. Secondly, I hoped to gain skills to be able to step back and assess what it is that I need to do (make things happen) to achieve and smash my personal goals as well as others that have been placed in front of me. I think that this would benefit me as I like to beat goals as I am competitive, but this sometimes would slow me down from attacking it and leaving out minor details, which could better my result.



Community Coach Sue (Left and Tom (Right).

Thirdly, I wanted to have an understanding of how I can better myself as a person in the transition period from a teen to an adult (achieve personal significance). What I have found is that the Max Potential program and working with my coach, are giving me skills and beliefs below the surface (the roots or foundation) to build my tree or house (future) to be rewarded (bear the fruits) by the benefits of having the footings (right principles) in place.