

Saved by Max Potential

Maximum potential is something that has changed my life. There is nothing better than waking up every day and understanding what I, as a person, need to work on, how to get energised and how simple steps that I can make change my overall success from the smallest to the largest tasks. Maximum potential isn't an overnight change it's a gradual, long-haul process which requires determination, commitment and an underlying drive to make yourself better at being yourself. The reward is exactly what you strive for and the program is sculptured around the notion that you only get back what you put in.



Most importantly, the crucial "ace in the whole" is your personal leadership coach. Just knowing that there is someone there by your side every step of the way makes you so much more confident and push the boundaries on what you think you could do.

My coach, David Bird, is nothing short of a legend. I don't think I would be anywhere without him and I am in great debt to him. I think, for the moment, I've enjoyed developing myself to someone I wanted to be for so long. I'm enjoying the advantage

of understanding - understanding what I need to do to further myself, what I need to do to further my potential and my success.

Before the program I considered a lot of what I did to be a "crash course" where I would go into the day and hope to come out the other end in one whole piece. Ignorance was bliss. however, now I've developed an understanding on how I react to certain situations, how I run my life and how I should.

My goals during maximum potential essentially are developing myself, being successful and keeping them in place. I would also say that pushing my boundaries really drives me too. Through these differences I have impacted on so many other aspects of my life being - my social, work, schooling and personal life. All of which I would definitely consider myself more successful in than before the program.

My community service project is an awareness walk that is to raise awareness of homelessness and emergency housing needs on the Central Coast. Together with Coast Shelter and St Edwards, I intend to raise money for Coast shelter who provides many services to the homeless - including emergency housing. The second part of my event is solely to raise the awareness on this issue. My community service project has challenged me to be more organised, be able to coordinate, negotiate, express an issue and push for awareness in the local community. Together with the Maximum potential program I believe I can confidently and competently perform all these knowing that one day in the future I can look back and go "that was my goal and I accomplished it".