

Rhys Schofield - What does Max Potential mean too me?



"I found the whole experience to be rewarding and I feel I have achieved success" – Rhys Schofield

Being one of three students from Kincumber High School gifted with the opportunity to participate in this program I can proudly say that this program means a lot to me. I personally, during the twenty-two weeks that this program has been running, have overcome obstacles, developed new life skills, and discovered where I wish to go in life, with a candid method to get there

Max potential; as any other program that aims to help those participating achieve their goals, asks its participants to choose goals ranging across all aspects of life in a quintessential fashion. Goals that oneself may wish to achieve in different areas of life such as: Family, Firm (work) and Fun. Goals are set within each area of life and through the use of an older, successful and experienced individual known as a "Life-coach."

These unique individuals are paired with each student, and their goal is to help their coachee achieve personal success in the areas of life in which they have set goals. Personally I have to say this relationship between coach and coachee used within the program was a phenomenal idea, and it would be an understatement to say that the coaches are the glue that holds this program together. As well as the coaches another aspect I liked about Max potential was the group meetings. There is nothing more inspiring whilst achieving your goals than being surrounded by other human-beings all striving to achieve success in their own unique way

Max potential essentially asks that you choose goals within your life ranging from different areas. Family, Friends, Finance, etc. and with a life-coach you work out various principles plans and action steps to achieve this. During various meetings with my life coach I was expected to write up a plan. Dates, Times, Methods of executing these plans, Max Potential forces you to actually put some thought and plan into what you want to achieve out of life. No matter how miniscule or gargantuan said goals may be. I found this method of thinking too be mentally challenging, and it took me a while to adjust, but I have to say it works remarkably well.

I also thoroughly enjoyed the CSP. During my time of participating in max potential I set up a study group at school called "Study skills" that demonstrates too younger students how to study. As well as this my program also paired younger students who wanted to excel in a particular subject with older students who excelled within that subject. I found the whole experience to be rewarding and I feel I have achieved success.