

Max Potential Introduction Workshop – update 14th May, 2010

On Tuesday 4th May a group of ten students from Trinity Catholic College met ten staff and board members from Dooleys club for the first time. The purpose of their coming together was to kick-off the Max Potential program for the second year. Max Potential is a personal leadership program that connects young adults in the local area with their community, and develops their skills in this area.

After introductions to each other, and to the group, each person explored using colour and pictures what success looks like to them, and what gets in their way to achieving success.

The group was then split into four teams and each team came up with some movements and put them together in a routine to some music (some of the students called it a dance, but that was a matter of personal opinion!!).

After a very lively demonstration from each team, the group as a whole discussed what they had learned about leadership in this situation.

After such excitement, it was the perfect time to match up each student with their new coach. Over the next 22 weeks, each Dooleys representative and student pair will meet for eight one-on-one coaching sessions to explore success, and personal leadership. The students will then practise these new skills in a Community Service Project that they will undertake in their local community.

We are all looking forward to the next group get-together on the 25th June!

