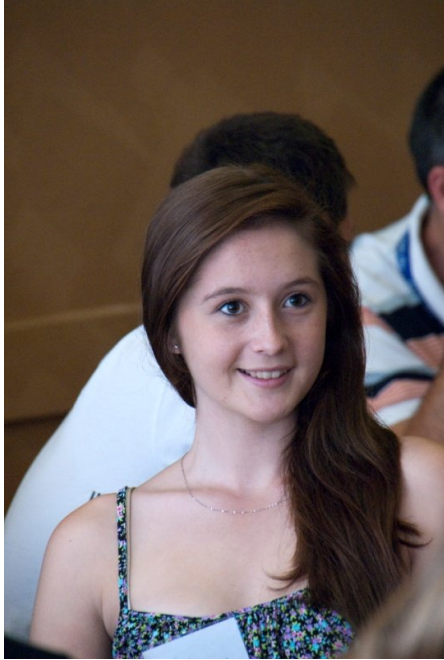


Laura Harding - Max Potential and Me

When asked about the impact of Max Potential on her life, Erina High student Laura Harding had plenty to say.



“The Program, like anything else new, is hard to get into, but once you do it has a snowball effect”. Laura Harding excited about the future.

When my year advisor first came to me offering me a place in a leadership program called Max Potential I didn't know what it was or what to do. My first initial thought was “uhh...,” which is the standard response for a teenager about anything they don't know. After some serious thinking, my decision was made and I was enrolled in Max Potential.

Throughout the 7 months, so far, it has been nothing but positive thinking, hard work and a whole lot of fun. I have met some truly amazing people, especially Kristy Lee my coach, Glenn Coombs who makes the already exciting atmosphere of Max Potential, almost electrifying. Being involved in max Potential has taught me some valuable life skills such as perfecting time management, it has given me the opportunity to know and understand myself better, to live life more consciously and deliberately whilst having fun and the program helped me to attain personal satisfaction and fulfilment.

The program, like anything else new, is hard to get into but once you do, it is a snowball effect. I found myself beginning to feel good about what I was doing and I was itching to continue. I wanted to improve myself in everyway possible and improve towards my personal best. Without developing these skills, you will wander through life with that feeling that something is missing. What good is all the success and money in the world if you have low self-esteem or no self confidence? Max Potential is a program specialising in all these areas.

Its main function is to create better people for our future through our community's youth. I will leave Max Potential with the belief that anything is possible. No matter how difficult a situation is or how tough the road is ahead, you can get through it with nothing more than positive thinking, hard work and the words “Bring it on” on your lips.

Many people ask me “would you do this again?” and I can honestly say that yes, I would do the program again it has been an enjoyable 7 months and it will help me for the rest of my life.