

Jessica Pennay – Max Potential, Are You Game?

Are you maximising your potential? Are you making a difference in the lives of others? Are you getting involved in your local community? Are you challenging yourself to lift your game? Are you???

Well 25 young leaders in the Gosford City community are and answer yes to all of these questions. These 25 young adults are participating in a program called Max Potential. Max Potential is a 22 week program that helps young leaders move towards their picture of success and maximise their potential. The program teaches these young leaders with a trained personal leadership coaches from the local community. These personal leadership coaches are trained with progressive coaching skills and tools that are used to help their young adult to;

- accelerate their potential
- focus on the roots and not just the fruits of life
- challenge them to lift their game
- build their can-do attitude through a community project
- juggle their priorities
- explore their entrepreneurial spirit
- balance their life
- build on existing strengths
- improve on their weaknesses



Jessica Pennay and Her Personal Leadership Coach Alan Jackson

Max Potential encourages young leaders to focus on their local community and explore ways that they can work to improve it. Each Max Potential participant explores what they are passionate about with their personal leadership coach during their coaching sessions. They then integrate what they are passionate about into a community service project that will make a difference in their community.

The Max Potential Program has been created by a joint initiative between Gosford RSL, Clubs NSW and the Future Achievement Australia Foundation aiming to reverse the trend of a lack of purpose in the lives of young adults in our region and I would just like to say a huge Thank You for their support in the program this year. Also if you answered no to any of the questions I personally recommend that you get involved in Max Potential 2011 as it is an awesome program which will help you achieve your maximum potential and move towards your authentic success.