

Making a Difference to the Community

Jessica Shares How Gosford RSL Max Potential Has Empowered Her to Help Others

My name is Jessica and I believe Gosford RSL Max Potential is a fantastic programme which encourages and enables young adults to literally, reach their 'Max Potential.' Everyone is assigned their own personal coach who works with them, so they can reach their short term goals and become a better person. With the help of our MAXIMISERS Principals book, we work to improve ourselves and achieve success.



"I am excited about making a difference....." - Jessica

You're probably wondering, what is so good about focusing on your own needs? What about the people around you? Well, we are given the opportunity to plan, organise and design our very own community service project. The aim is to primarily benefit the community, by looking at the specific areas that need improvement.

We incorporate the MAXIMISERS principals we are working on, to overcome challenges associated with the planning. My project will concentrate on the needs of the senior citizens in retirement villages. I am very excited about making a difference, and the great thing is, is that Gosford Max Potential has given me the opportunity to do so and will help me along the way! To find out how my community project goes and how the other student's projects go, you can come along to Gosford RSL's Max Potential's 'Showcase Expo' 3pm – 5pm on Thursday 4th August.