

St Edward's Student Harrison Bass talks Max Potential



**“Let’s Talk” Harrison Bass
conversing at a Max Potential
connect group**

The Max Potential program is a valuable learning experience in which the student focuses on not just themselves, but the whole community through their own personal development. Students are taught valuable life lessons such as leadership skills, methods for a healthy life balance of work and leisure, and also self-improvement lessons throughout the 22 week program.

Among the many lessons learnt, one of the most notable principles would have to be the MAXIMISER Principles which teach the individual skills of how to improve the core ways in which they act; for example ‘Cross Out the Negatives’ and ‘Achieving Personal Significance’. With these MAXIMISERS principles, the students focus on which of the skills have been identified as a weakness, and then later focus on the skills identified as strengths to maximise the student’s abilities and talents. In my experiences, the Max Potential program has assisted me to work towards overcoming my weaknesses, such as ‘Cross out the Negatives’ which I am progressively

achieving with time and perseverance.



Me and My coach - The Awesome Partnership of Geoff Nagle (Left) and Harrison Bass (Right)

Aiding with this learning process is the ‘personal leadership coach’ which mentors us through the program and assists us to achieve our goals. I have personally found having a ‘personal leadership coach’ to be of great value as the learning process is made easier due to having a mentor who I can relate to.

Accompanied with learning these vital skills and lessons, is how students also put them to practice with an individual Community Service Project to harness ones abilities and serve the community in areas of need. Personally, I have chosen an activity which I have dubbed “Random Acts of Kindness”, which on the surface is quite simple; however the developments leading up to this project have been quite profound. This is because the notion of seeing a normally unseen need in the community and acting upon it has been quite difficult to master, though also with perseverance I hope to achieve my goal and make a difference in the community by challenging the ideas of the seen and unseen needs in society.

The Max Potential program has made a profound impact on the habits in which I aim to build my life. I personally appreciate the support that the club has given to the program, and I encourage any eligible student or mentor to complete the program.