



What does **gosford.rsl** Max Potential involve in 2012 ?

LEGEND:

Coaches only

Coaches/ participants

Coach training Days
Gosford RSL

Sat 4th Feb & Sun 12th Feb

4 Hours
Introductory Workshop
Gosford RSL

Tues 14th Feb 9am-1pm

Personal Coaching Session 1hr

1-1.5 hours
1:1 Coach

*Note: Term 1 Public School Holidays 6th-20th April
Mid year exams middle to late May*

1-1.5 Hours
1:1 Coach

Personal Coaching Session 1hr

1-1.5 hours
1:1 Coach

1-1.5 hours
1:1 Coach

4 Hours
Connect Group 1
Gosford RSL

Thurs 29th March 9am-1pm

Personal Coaching Session 1hr

1-1.5 hours
1:1 Coach

4 Hours
Connect Group 2
Gosford RSL

Mon 28th May 9am – 1pm

Note: Term 2 Public School Holidays 2nd-13th July

1-1.5 hours
1:1 Coach

Personal Coaching Session 1hr

1-1.5 hours
1:1 Coach

1-1.5 hours
1:1 Coach

3 hour
Concluding Workshop including Showcase
Gosford RSL

Thursday 26th July 11am-5pm

Ongoing access to FAA coach support via email and phone

Coach 'catch up dinner' – date to be advised