

Abigail Pursuing Dreams Thanks to Max Potential



Community coach Suzy (right) and Abigail Dixon (left) at a Max Potential event – “I have the support to fulfill my dreams”.

Max Potential is a truly brilliant programme that all youths should encounter. I have discovered that Gosford RSL are the major sponsor which means that it is not only a free program, but it provides life-long lessons to be carried off into the future and helps us to combat any issues that need resolving.

‘The fact that I get a personal coach, all to myself, whom I can trust and who guides me towards success in my life, is really comforting; knowing that I have the support to fulfil my dreams and help myself become the best person that I can be’.

Our sessions are based on values, focuses on personal weaknesses and strengths. In my coaching sessions and group meetings, we refer to the MAXIMISERS principles {Achieving Authentic Success-Ron Jenson}, which seriously helps mark out my perspectives and encourages optimism, rather than having self-doubt and pessimism.

The Gosford RSL Max Potential programme has assigned a ‘Community service Project’ for each participant. This will be the perfect opportunity to prove to myself my progress and the influence Max Potential has had on me. With the help of my amazing coach, I’m sure that my ‘Community service Project’ will be a success and emotional journey, which will lead to more success and happiness in my future.