

Help needed to eke out potential

LEAH DAVIES

THE youth leadership program Max Potential wants more volunteers to help students reach their potential.

Max Potential is a 22-week program that encourages students to complete a community project, take part in 12 hours of personalised coaching and develop an entrepreneurial spirit.

It is ideal for students wanting to reach their maximum potential during their final years at schools.

To make this happen, the program has drawn on volunteer leaders within business, school and church communities to help equip



Karen Gough.

students with the skills they need in their personal life and to take up employment.

CRS Australia employment service consultant Karen Gough, of Watanobbi, became a volunteer coach in 2008.

Ms Gough said the program was an opportunity to share in the energy and enthusiasm of Central Coast youth.

"There is nothing more rewarding than to see the students achieve their

goals and that look of pride and accomplishment," she said.

"Students learn to define what success means to them through a series of activities that ultimately push them out of their comfort zones and let their confidence grow," Ms Gough said.

"It is also an opportunity to develop new skills as a coach and work on your own personal goals while helping others," she said.

To be part of the February-August program, contact Gosford RSL Club Max Potential co-ordinator

Maureen Horne.
Inquiries: 4323 4351.